## Section A – Quick Reference

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# 2025 Board Roster

| Board Member      | Membership Starts  | Committee/Office/<br>Project          | Expertise   | T1 Ends (12/31) | T2 Ends<br>(12/31) |
|-------------------|--------------------|---------------------------------------|---|-----------------|--------------------|
| Gettelman, Tom    | 2024 BOD           | Governance                            | Personnel/ Human<br>Resources, Leadership,<br>Marketing/ Public<br>Relations, Nonprofit<br>Service  | 2026            |                    |
| Graham, Joseph    | 2025 BOD           | Nominating                            | Fundraising/Event<br>Planning,Marketing/Public<br>Relations, Leadership   | 2027            |                    |
| Haigler, Jerri    | 2024 BOD           | Governance                            | Fundraising/ Event<br>Planning, Marketing/<br>Public Relations, Nonprofit<br>Service  | 2026            |                    |
| Hensley, Latisha  | 2025 BOD           | Nominating                            | Fundraising/Event<br>Planning,leadership,Nonpr<br>ofit Service  | 2027            |                    |
| Karhut, Maureen   | 2020 BOD           | President                             | Communication, Event<br>Planning, Fundraising,<br>Governance, Leadership<br>Experience/Board<br>Leadership, Legal,<br>Strategic Planning and<br>Execution | 2022            | 2025               |
| Reynolds, Ankedra | 2023 BOD           | Governance<br>Committee Chair         | Finance/Business,<br>Personnel/ Human<br>Resources, Leadership,<br>Nonprofit Service  | 2025            |                    |
| Rouzer, Kristen   | 2025 BOD           | Governance                            | Marketing/Public<br>Relations,<br>Personnel/Human<br>Resources, Leadership  | 2027            |                    |
| Spaleta, Joann    | 2021 BOD           | Nominating<br>Committee Chair         | Communication,<br>Governance, Health Care,<br>Leadership<br>Experience/Board<br>Leadership, Strategic<br>Planning and Execution                           | 2023            | 2026               |
| Turnbull, Olivia  | 2024 (October) BOD | Finance Committee                     | Finance/Business,<br>Leadership, Nonprofit<br>Service   | 2027            |                    |
| Washam, Kristin   | 2023 BOD           | Treasurer, Finance<br>Committee Chair | Personnel/Human<br>Resources, Leadership,<br>Nonprofit Service,<br>Finance/ Business  | 2025            |                    |

## 2025 Board Calendar

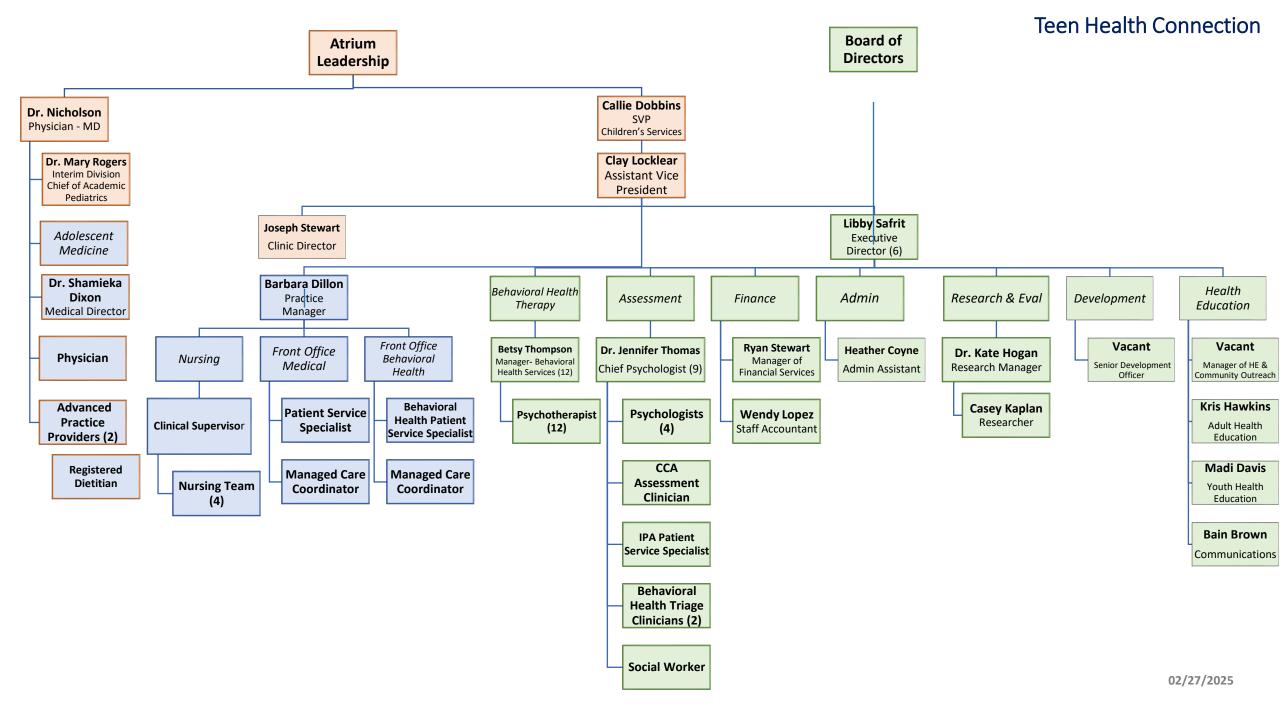
| Date  | Team   | Event/Activity  |
|---|--|---|
| January   | Board Meeting In- Person   | Physical Health & Nutrition Month   |
| 2   | Communications/ Development  | Monthly Newsletter Sent   |
| 11  | Board of Directors   | Board of Directors Retreat  |
|   |  | Monthly Communications Campaigns  |
| All Month   | Communications   | (Patient Flyers & Social Media)   |
| February  | Board Meeting In- Person   | Teen Dating Violence Prevention   |
| 6   | Board Committee  | Governance Committee Meeting  |
| 6   | Communications   | Monthly Newsletter Sent   |
| 13,14   | Accounting   | Financial Audit   |
| 13  | Board Committee  | Finance Committee Meeting   |
| 14  | Board Committee  | Executive Committee Meeting   |
| 20  | Board of Directors   | Board of Directors Meeting  |
| 25  | Communications   | 33nd Anniversary, Teen Health Connection Day  |
| 27  | Board Committee  | Nominating Committee Meeting  |
|   |  | Monthly Communications Campaigns  |
| All Month   | Communications   | (Teen Dating Violence Prevention)   |
| March   | Board Meeting In-Person  | Violence Prevention Month   |
| 6   | Communications   | Monthly Newsletter Sent   |
| 6   | Board Committee  | Governance Committee Meeting  |
| 13  | Board Committee  | Finance Committee Meeting   |
| 14  | Board Committee  | Executive Committee Meeting   |
| 20  | Board of Directors   | Board of Directors Meeting  |
| 27  | Board Committee  | Nominating Committee Meeting  |
|   |  | Monthly Communications Campaigns  |
| All Month   | Communications   | (Violence Prevention)   |
|   |  |   |
| April   | Board Meeting In- Person   | Child Abuse Awareness / Foster Care Awareness Mo  |
| 3   | Communications   | Monthly Newsletter Sent   |
| 3   | Board Committee  | Governance Committee Meeting  |
|   |  | dovernance committee wiecting   |
| 10  | Board Committee  | Finance Committee Meeting   |
| 10<br>11  | Board Committee Board Committee  |   |
|   |  | Finance Committee Meeting   |
| 11  | Board Committee  | Finance Committee Meeting Executive Committee Meeting   |
| 11<br>17  | Board Committee<br>Board of Directors  | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting  |
| 11<br>17<br>24  | Board Committee Board of Directors Board Committee   | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon   |
| 11<br>17<br>24<br>TBD   | Board Committee Board of Directors Board Committee Communications  | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon   |
| 11<br>17<br>24<br>TBD<br>TBD  | Board Committee Board of Directors Board Committee Communications Communications   | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns  |
| 11<br>17<br>24<br>TBD<br>TBD  | Board Committee Board of Directors Board Committee Communications Communications   | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit   |
| 11<br>17<br>24<br>TBD<br>TBD<br>TBD   | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person  | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness) Behavioral Health Awareness Month  |
| 11 17 24 TBD TBD TBD TBD All Month  | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee  | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness) Behavioral Health Awareness Month Governance Committee Meeting   |
| 11 17 24 TBD TBD TBD TBD All Month May                                      | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee Communications   | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon  2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness)  Behavioral Health Awareness Month Governance Committee Meeting Monthly Newsletter Sent   |
| 11<br>17<br>24<br>TBD<br>TBD<br>TBD<br>All Month<br>May<br>1<br>1<br>8      | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee  | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness) Behavioral Health Awareness Month Governance Committee Meeting   |
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| 11<br>17<br>24<br>TBD<br>TBD<br>TBD<br>All Month<br>May<br>1<br>1<br>8      | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee Communications Board Committee                                 | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness) Behavioral Health Awareness Month Governance Committee Meeting Monthly Newsletter Sent Finance Committee Meeting   |
| 11<br>17<br>24<br>TBD<br>TBD<br>TBD<br>All Month<br>May<br>1<br>1<br>8<br>9 | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee Communications Board Committee Board Committee                 | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness) Behavioral Health Awareness Month Governance Committee Meeting Monthly Newsletter Sent Finance Committee Meeting Executive Committee Meeting   |
| 11 17 24 TBD TBD TBD TBD  All Month  May 1 1 8 9 15                         | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee Communications Board Committee Board Committee Board Committee | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon  2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness)  Behavioral Health Awareness Month Governance Committee Meeting Monthly Newsletter Sent Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting                            |
| 11 17 24 TBD TBD TBD TBD  All Month  May 1 1 8 9 15                         | Board Committee Board of Directors Board Committee Communications Communications Youth Health Education  Communications Board Meeting In-Person Board Committee Communications Board Committee Board Committee Board Committee | Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting Past President Luncheon 2024 Impact Report available to public and online Spring Break Summit Monthly Communications Campaigns (Child Abuse/Foster Care Awareness) Behavioral Health Awareness Month Governance Committee Meeting Monthly Newsletter Sent Finance Committee Meeting Executive Committee Meeting Board of Directors Meeting Nominating Committee Meeting |

## 2025 Board Calendar

| 5         | Board Committee          | Governance Committee Meeting                               |  |
|-----------|--------------------------|--|--|
| 12        | Board Committee          | Finance Committee Meeting                                  |  |
| 13        | Board Committee          | Executive Committee Meeting                                |  |
| 19        | Board of Directors       | Board of Directors Meeting                                 |  |
| 26        | Board Committee          | Nominating Committee Meeting                               |  |
| TBD       | Youth Health Education   | Empower: Teen Leadership Summit                            |  |
|           |                          | Monthly Communications Campaigns                           |  |
| All Month | Communications           | (Safe Driving Month)                                       |  |
| July      | No BOD Meeting           | Summer Safety Month  |  |
| 3         | Communications           | Monthly Newsletter Sent                                    |  |
| All Month | Communications           | Monthly Communications Campaigns (Summer Safety Month      |  |
| August    | Board Meeting In-Person  | Back to School Month/Immunizations/School Physicals        |  |
| 7         | Board Committee          | Governance Committee Meeting                               |  |
| 7         | Communications           | Monthly Newsletter Sent                                    |  |
| 14        | Board Committee          | Finance Committee Meeting                                  |  |
| 15        | Board Committee          | Executive Committee Meeting                                |  |
| 21        | Board of Directors       | Board of Directors Meeting - Team Presentation by          |  |
| 28        | Board Committee          | Nominating Committee Meeting                               |  |
| All Month | Communications           | Monthly Communications Campaigns (Back to School)          |  |
| September | Board Meeting In- Person | Suicide Prevention   |  |
| 4         | Communications           | Monthly Newsletter Sent                                    |  |
| 4         | Board Committee          | Governance Committee Meeting                               |  |
| 11        | Board Committee          | Finance Committee Meeting                                  |  |
| 12        | Board Committee          | Executive Committee Meeting                                |  |
| 18        | Board of Directors       | Board of Directors Meeting                                 |  |
| 25        | Board Committee          | Nominating Committee Meeting                               |  |
| 23        | Dourd committee          | Monthly Communications Campaigns (Attendance Awarene       |  |
| All Month | Communications           | / Cancer)  |  |
| October   | Board Meeting In- Person | Substance Use Prevention & Awareness Month                 |  |
| 2         | Communications           | Monthly Newsletter Sent                                    |  |
| 2         | Board Committee          | Governance Committee Meeting                               |  |
| 9         | Board Committee          | Finance Committee Meeting                                  |  |
| 10        | Board Committee          | Executive Committee Meeting                                |  |
| 16        | Board of Directors       | Board of Directors Meeting                                 |  |
| 23        | Board Committee          | Nominating Committee Meeting                               |  |
| 20        | Dourd committee          | Monthly Communications Campaigns (Substance Use            |  |
| All Month | Communications           | Prevention)  |  |
| November  | Board Meeting In- Person | Youth Homelessness Awareness & Prevention Month            |  |
| 6         | Communications           | Monthly Newsletter Sent                                    |  |
| 6         | Board Committee          | Governance Committee Meeting                               |  |
| 13        | Board Committee          | Finance Committee Meeting                                  |  |
| 14        | Board Committee          | Executive Committee Meeting                                |  |
| 20        | Board of Directors       | Board of Directors Meeting                                 |  |
| 27        | Board Committee          | Nominating Committee Meeting                               |  |
| <i>L1</i> | Board Committee          | Monthly Communications Campaigns (Youth Homelessness       |  |
| All Month | Communications           | Awareness)   |  |
| December  | No BOD Meeting           | Family and Parenting                                       |  |
| 4         | Communications           | Monthly Newsletter Sent                                    |  |
| 4         | Communications           | Worthly Newsletter Sent                                    |  |
| 9         | Development              | End of Year Celebration for volunteers, board and teammate |  |

## 2025 Board Calendar

| All Month     | Communications  | Monthly Communications Campaigns (Family and Parenting) |  |  |  |
|---------------|---|---|--|--|--|
| 2026          |   |   |  |  |  |
| TBD           | TBD Board of Directors Board Retreat  |   |  |  |  |
|               |   |   |  |  |  |
|               | Standing Meetings   |   |  |  |  |
| Board Meeting | Board Meeting 3rd Thursday each month at 7:30 am except July and December               |   |  |  |  |
| Executive     | Executive Friday before the 3rd Thursday each month at 7:45 am except July and December |   |  |  |  |
| Finance       | Finance 2nd Thursday of each month at 7:30 am except July and December                  |   |  |  |  |
| Governance    | Governance 1st Thursday of each month at 7:30 am except July and December               |   |  |  |  |
| Nominating    | Nominating 4th Thursday every other month at 7:30 am except July and December           |   |  |  |  |



#### **2025 Internal Directory**

| Teen Health Connection       | 3541 Randolph Rd., Suite 206                                     | 704-381-TEEN (8336) |              |                 |
|------------------------------|--|---------------------|--------------|-----------------|
| www.teenhealthconnection.org | Charlotte, NC 28211  | 704-381-8832 Fax    |              |                 |
| Name                         | Department   | Phone               | Cell         | Office Room     |
|                              |  |                     | <u></u>      |                 |
| Clerical Shared Line         | Front Desk   | 704-446-0906        |              | Front Desk      |
| Clinical Shared Line         | Clinical Desk  | (704)446-0919       |              | Clinical Dept.  |
| Gender Health Line           | Clinical   | (704)381-8382       |              | 4               |
| Aguayo, Viviana              | Referral Coordinator/PSS   | 18361               |              | Front Desk      |
| Berry, Jaclyn                | Behavioral Health Psychotherapist                                | 18392               |              | 22              |
| Bridge, Clark                | Behavioral Health Psychotherapist                                | 18331               |              | 30              |
| Brown, Anastashia            | Assessment Clinician   | 18323               |              | 6               |
| Brown, Bain                  | Project Coordinator  | 18368               | 828-553-8352 | 33              |
| Caldwell, Paula              | Patient Service Specialist                                       | 18352               |              | Front Desk      |
| Campbell, Julie              | Behavioral Health Psychotherapist                                | 18394               |              | 19              |
| Cochran, Ana                 | IPA Psychologist   | 18335               |              | 9               |
| Conference Room B            | Open/Shared  | 18372               |              | 2062B           |
| Conley, Jessica              | Behavioral Health Psychotherapist                                | 18365               |              | 23              |
| Coyne, Heather               | Administrative Assistant   | 18325               |              | 40              |
| Davis, Kristen               | Behavioral Health Psychotherapist                                | 18390               |              | 28              |
| Davis, Madison               | Health Educator  | 18369               |              | 34              |
| DeHoff, Christie             | Medical Team Nurse Practioner                                    | 18363               |              | 5               |
| Dillon, Barbara              | Practice Manager   | 18366               |              | 1               |
| Dixon, Shamieka              | Medical Team Medical Director                                    | 18360               |              | 2               |
| Doan, Samantha               | Medical Team Nurse Practioner                                    | 18833               |              | 5               |
| Dunlap, Ariana               | Patient Service Specialist                                       | 18351               |              | Front Desk      |
| Edwards, Kendra              | Behavioral Health Psychotherapist                                | 18359               |              | 18              |
| Glover, Quinn                | Social Worker  | 18378               |              | 8               |
| Hawkins, Kris                | Adult Health Education   | 18333               | 704-619-2398 | 35              |
|                              |  |                     | 207-252-1279 |                 |
| Hogan, Kate                  | Manager of Research and Health Education and Prevention Programs |                     | 207 232 1273 | Remote          |
|                              |  |                     |              |                 |
| Johnsonsydnor, LeShawn       | Nursing Team (RN Navigator)                                      | 18341               |              | 4               |
| Kaplan, Casey                | Research and Evaluation  |                     | 502-216-7721 | Remote          |
| Khashmanian, Rozie           | Behavioral Health Psychotherapist                                | 18393               |              |                 |
| Kolker, Jenny                | IPA Psychologist   | 18348               |              | 15<br>14        |
|                              |  |                     |              |                 |
| Lopez, Wendy                 | Associate Development Officer                                    | 18337               |              | 37              |
| Mangan, Kelsey               | IPA Psychotherapist  | 18346               |              |                 |
| Martin, Stephanie            | Nursing Team (LPN)   | 18356               |              | Nurse Station 4 |
| Otelsberg, Chantal           | Dietitian Nutritionist   | 18387               |              | 4               |
|                              | Clinical Supervisor  | 19972               |              | 44              |
| Renner, Megan                | Chinical Supervisor  | 15312               |              | 44              |
| Rodriguez, Sydney            | Nursing Team (CMA)   | 18354               |              | Nurse Station 3 |
| Rollins, Jackie              | IPA Patient Services Specialist                                  | 18346               |              | 12              |

#### **2025 Internal Directory**

| Safrit, Libby    | Administration Executive Director     | 18374 | 704-907-9366 | 41 |
|------------------|---------------------------------------|-------|--------------|----|
| Scott, Chanda    | Behavioral Health Triage Clinician    | 18379 |              | 42 |
| Singleton, Tyler | Behaviroal Health Psychotherapist     | 18324 |              | 29 |
| Smith, Timothy   | Behavioral Health Triage Clinician    | 18357 |              | 43 |
| Stewart, Ryan    | Administration Accountant             | 18349 | 336-250-9897 | 39 |
| Sutsko, Megan D  | IPA Psychologist                      | 18344 |              | 13 |
| Thomas, Brittany | Medical Team Physician                | 18330 |              | 3  |
| Thomas, Jennifer | IPA Chief Psychologist                | 18381 | 919-672-1398 | 10 |
| Thompson, Betsy  | Manager of Behavioral Health Services | 18332 | 980-275-1556 | 24 |
| Wiley, Patti     | Behavioral Health Pyschotherapist     | 18391 |              | 21 |
| Empty            |                                       | 18394 |              | 20 |
|                  |                                       |       | •            | -  |